



# Semiahmoo Seniors Planning Table

**Invites You to Meet  
BC Seniors Advocate - Isobel Mackenzie**



**Date:** Wednesday February 3rd 2016  
**Time:** 12:00 p.m. – 3:00 p.m.  
**Where:** White Rock Community Centre, 15154 Russell Ave  
(Miramar Village Plaza next to the Whaling Wall)  
**Cost:** Free + Community Resource Tables  
**Topics:** **Presentation by BC Seniors Advocate to cover  
Housing, Residential Care, Caregiver Distress  
Questions from Community following presentation**

**Limited Seating - Registration Required by January 25<sup>th</sup>**

To register call Comfort Keepers 604-541-8653

Light Refreshments – Free Parking

