

### Instructions: Income and Affordability Survey for BC Seniors

This survey will be used to assist the Office of the Seniors Advocate to better understand some of the financial challenges faced by BC seniors. This survey is estimated to take 20 to 30 minutes to complete, and respondents are only expected to provide their best guess or estimate in their response.

- For each question, please mark your choice with a blue or black pen by making a check in the square as follows:
- There are no right or wrong answers just your views and opinions. You are free to skip any questions that you do not want to answer.
- You may receive assistance from a family member or friend to complete this survey, but it is **your** experience we want to hear about.
- Please return your completed survey in the included postage-paid envelope by **March 31, 2022**. Your responses are anonymous, and your information will only be used as authorized under British Columbia's *Freedom of Information and Protection of Privacy Act*.
- If you have any questions or need help in completing this survey, you are welcome to call the Office of the Seniors Advocate at 1-877-952-3181, Monday to Friday, 8:30 am 4:30 pm, except statutory holidays.
- Your feedback is very important for improving services for seniors in BC. Thank you!

Your survey responses are collected by the Office of the Seniors Advocate, Ministry of Health, under Sections 26(a), 26(c), and 26(e) of the Freedom of Information and Protection of Privacy Act as well as under Section 7(a) of the Seniors Advocate Act, and they will be used for program planning and evaluation. If you have any questions about the collection of this personal information, please contact the Office of the Seniors Advocate, PO Box 9651, STN PROV GOVT Victoria BC, V8W 9P4, 1-877-952-3181.

### Income and Affordability Survey for BC Seniors

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The next set of questions (Questions 8 to 13) apply to those who own their home.					
If you rent, please go to Question 14.					
8) Do you have a mortgage?					
□ Yes	No [Please go to Question 10]				
9) What is your estimated <u>monthly</u> mortgage \$ []	payment?				
۲ LI					
10) If applicable, please estimate how much ye type fee?	ou pay each <u>month</u> for a strata or condominium				
\$ []					
11) Has your home ever needed major repairs leaking roof, rotted deck or fence.	that you could not afford? For example: a				
□ Yes	□ No				
12) Have you accessed the BC Property Tax Deferment Program?					
□ Yes	I choose not to use it				
I do not know what this is					
13) On average, how much do you pay for utilities in a <u>month</u> ? Please include heat, hydro, gas, oil, and water/sewer.					
Under \$50	□ \$50 - \$99				
□ \$100 - \$299	□ \$300 or more				

**HEALTH**: This section asks you to consider your healthcare expenses and the types of healthcare services you use.

-	ing the <u>past 12 months</u> , have you received a hat apply.	any	help or care from others? Please select			
	Unpaid help from family or friends		Home support from the Health Authority			
	Private home support/nursing care		Private housekeeping			
	Better at Home		I do not need help or care			
	I need help but cannot afford it					
15) Whe	en was your last visit to the dentist?					
	Within the past 12 months		1 to 2 years ago			
	3 years ago, or more		Never			
16) Did	you pay any amount for this dental visit?					
	Yes, I paid the full cost		Yes, I paid a partial cost			
	No, it was fully covered by a health plan		Not applicable, I have not been to the dentist			
-	e you ever needed dental care (including ch : you could not afford?	eck	ups, dental crown, bridges, fillings)			
	Yes		Νο			
18) Do y	you wear dentures?					
	Yes		No, I do not need them			
	No, I need them but cannot afford					
19) Have you ever visited a clinic offering low-cost dental services (e.g., clinics that provide dental services at reduced rates)?						
	Yes [Please go to Question 21]		No			

20) If you have not visited a low-cost dental clinic, what are the reasons? Please select all that apply. □ I do not know about them □ There are none in my community □ I cannot get an appointment □ I cannot get there  $\Box$  I do not need them □ I am not comfortable going 21) When was your last eye exam? □ Within the past 12 months □ 1 to 2 years ago □ 3 years ago, or more □ Never 22) Did you pay any amount for this eye exam (full/partial cost)? □ Yes, I paid the full cost □ Yes, I paid a partial cost  $\Box$  No, it was fully covered by a health □ Not applicable, I have not had an eye plan exam 23) Do you wear prescription eyeglasses? □ Yes □ No, I do not need them □ No, I need them but cannot afford 24) If applicable, please indicate when you had your last hearing test? □ Within the past 12 months □ 1 to 2 years ago □ 3 years ago, or more □ Never 25) Did you pay any amount for this hearing test (full/partial cost)? □ Yes, I paid the full cost □ Yes, I paid a partial cost □ Not applicable, I have not had my □ No, I was not charged

#### 26) Do you use a hearing aid(s)?

□ Yes □ No, I do not need it

hearing checked

□ No, I need them but cannot afford

	l use	I need	but cannot afford	I do not need				
Cane								
Walker								
Wheelchair								
Scooter								
	28) On average, how much do you estimate that you pay for medications (including prescription and over the counter medications) in a <u>month</u> ?							
🗌 I do n	ot need		Under \$50					
🗆 \$50 -	\$99		\$100 or more					
29) Have you	been prescribed any medicat	tions that yo	u have not been abl	le to afford?				
🗆 Yes			No					
COVERED &	oy Fair PharmaCare.)		No					
31) In the <u>pas</u>	<u>t 2 years</u> , have you ever need ect all that apply.	ded, but coul		the following?				
🗆 Eyegl	asses		Dental care					
🗆 Denti	ures		Hearing test					
🗆 Heari	ng aids		Medication					
Medi or wa	cal equipment (i.e., wheelcha Ilker)	ir 🗆	Occupational thera	ру				
🗌 Physi	otherapy		Counseling or ment	tal health support				
□ Foot	care (podiatry)		Chiropractor, acupt massage therapy	uncture, or				

### 27) Please tell us about any mobility devices you use or need but cannot afford.

**FINANCIAL:** This section asks about your sources of income, financial stressors, and future financial planning.

#### 32) Which of the following best describes how well you are managing financially these days?

- $\hfill\square$  I manage to pay all my bills each month  $\hfill\square$  I usually pay all my bills each month
- $\Box$  I sometimes pay all my bills each month  $\Box$  I seldom pay all my bills each month
- □ I never pay all my bills each month

#### 33) Please tell us how difficult you generally find it to cover the following expenses?

	Very difficult	Difficult	Somewhat difficult	Not difficult	Not applicable
Housing (rent, mortgage)					
Utilities (e.g., heat, water)					
Food					
Medication/supplements					
Transportation					
Hiring people to help me					
Replacing clothes, shoes					
Medical supplies such as incontinence supplies					

# 34) In the past <u>12 months</u>, have you had to cut back spending on essentials to pay for another essential expense? For example, have you ever had to cut back on groceries to help pay for your rent?

- □ All of the time □ Most of the time
- $\hfill\square$  Some of the time

- Never
- 35) How confident are you that you could find \$1,000 or more to pay for an unexpected expense, such as a dental emergency, car repairs, or hot water tank replacement?
  - □ Very confident □ Confident
  - $\Box$  Somewhat confident  $\Box$  Not confident

#### 36) How concerned are you about the following aspects of aging?

	Very concerned	Concerned	Somewhat concerned	Not concerned
Declining physical health				
Declining cognitive health / dementia				
Health care expenses				
Loneliness/isolation				
Death of a partner/spouse				
Being unable to make my own choices (loss of independent decision making)				
Being able to stay in my own home				
Getting help and assistance when I need it				
Loss of driver's license				
Having enough money to pay for my normal living expenses				

#### 37) How financially prepared do you think you are for costs related to aging?

(For example, medication, special diets, incontinence products, mobility aids, extra help, and/or accessible/supported housing.)

Very prepared	Prepared
A little prepared	Not prepared at all

38) Does anyone rely on you to financially support them (e.g., spouse, adult child, grandchild)?

🗆 Yes 🔅 🗋 No
🗆 Yes 🔅 🗋 No

# 39) In the year BEFORE you turned 65 years old, what were your sources of income? Please select all that apply.

I had income from full time work	I had income from part time work
My spouse had income from work	I received pension income
I received provincial income or disability assistance	I used my savings or investment income

#### **SUPPORTS:** This section asks about support programs and your ability to apply for them.

	Very well	Somewhat well	Not too well	Not at all	Not applicable
Old Age Security (OAS)					
Guaranteed Income Supplement (GIS)					
BC Seniors Supplement					
Shelter Aid for Elderly Residents (SAFER)					
Fair PharmaCare					
Property Tax Deferment Program					
HandyDART					
TaxiSaver vouchers					
BC Bus Pass Program					

#### 40) How well does each of the following programs meet your needs?

#### 41) How do you complete your annual tax return?

□ I prepare my own taxes

Someone in my household prepares
my taxes

□ With help from family or a friend

- With help of a volunteer tax clinic
- □ Paid accountant or tax preparer
- □ Other

#### 42) How confident are you completing ONLINE forms or applications?

- □ Very confident □ Confident
- $\Box$  Somewhat confident  $\Box$  Not confident

## 43) How do you find out about support programs and services for seniors? Please select all that apply.

Internet	BC Seniors Guide
My local seniors/community centre	Newspaper
Office of the Seniors Advocate	Friends and family

□ Other

#### 44) What is your preferred way to find information about seniors' programs and services?

- □ I search online □ I phone
- □ I go in person

**COSTS OF LIVING:** This section asks what you typically spend on food, transportation, and technology.

 $\Box$  None of the time

45) Does your househol	d ever run out of r	noney to buy food?
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- □ All the time □ Most of the time
- Some of the time

#### 46) Have you ever accessed a food bank?

- □ Yes, regularly □ Yes, occasionally
- $\hfill\square$  No, I could not get there  $\hfill\square$  No, I did not need it
- $\Box$  No, I do not know where it is

47) On average, how much does your household spend on groceries in a week?

 □ Under \$50
 □ \$50 - \$99

 □ \$100 - \$199
 □ \$200 or more

48) On average, how much do you spend on transportation in a <u>month</u>, including car payments, insurance, gas, parking, bus fare or taxis?

🗌 Under \$50	🗌 \$50 - \$99
□ \$100 - \$199	□ \$200 or more

49) What transportation costs, if any, make it hard for you to get where you need to go? Please select all that apply.			
	Cost of renewing my drivers license		Buying and/or maintaining a reliable vehicle
	Gas		Car insurance
	Parking		Bus fare/monthly bus pass
	Taxi		None
50) Can you access the internet in your home?			
	Yes [Please go to Question 52]		Νο
51) If applicable, please tell us how you regularly access the internet.			
	Library		Seniors/Community Centre
	Coffee shop or restaurant		Family or friend
	Other		I do not access the internet
52) Do you have any of the following devices? Please select all that apply.			
	Cell phone or smartphone		Tablet (e.g., iPad)
	Computer or laptop		No, I choose not to use them
	No, I cannot afford to buy one		No, I do not know how to use them
53) Do you have an email address that you check on a regular basis?			

□ Yes		No
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#### **DEMOGRAPHICS:** This section asks you to tell us a bit about yourself.

54) Wha	at is your age?		
	65 - 69		70 - 74
	75 - 79		80 - 84
	85 - 89		90 or older
	Prefer not to say		
55) Wha	at is your gender?		
	Male		Female
	Other		Prefer not to say
56) Wha	at is your current marital status?		
	Single		Married or common-law partner
	Divorced or separated		Widowed
	Other		Prefer not to say
57) Do you consider English to be your first language?			
	Yes		No
	Prefer not to say		
58) Please tell us the first three-digits of your postal code.			

 59) Do you consider yourself to be: Please select all that apply.

First Nations	Metis
🗆 Inuit	White (European descent)
□ Chinese	🗆 Filipino
Black (e.g., African, Caribbean)	Latin American/Hispanic
<ul> <li>South Asian (e.g., East Indian, Pakistani Sri Lankan)</li> </ul>	i, Distribution Southeast Asian (e.g., Vietnamese, Cambodian, Malaysian, Laotian)
🗆 Arab	West Asian (e.g., Iranian, Afghan)
□ Korean	Japanese
□ Other	Prefer not to answer

# 60) When thinking about the services and supports you need but are not receiving, please tell us what would have the biggest impact on improving your quality of life.

61) Please let us know if you have any additional comments.

Thank you very much for sharing your feedback with us. Please be assured that your responses are confidentially collected by the Office of the Seniors Advocate, Ministry of Health, under Sections 26(a), 26(c), and 26(e) of the *Freedom of Information and Protection of Privacy Act* as well as under Section 7(a) of the *Seniors Advocate Act*, and they will be used for program planning and evaluation. Your answers cannot be used to identify you.

We can also answer any questions you may have about this survey. Our contact information is on the cover letter of this survey. Once again, thank you for taking the time to share your experience with us.