# AGEING MATTERS:

What We Heard from B.C. Seniors

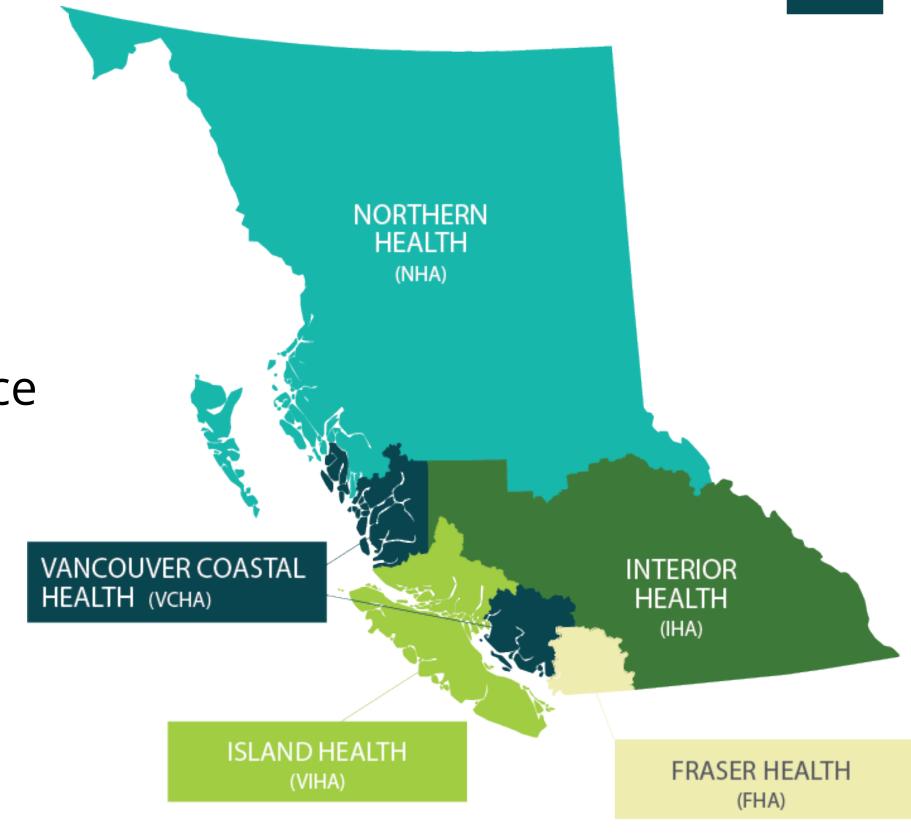
Dan Levitt BC Seniors Advocate June 5, 2024





#### **PROVINCIAL TOUR**

- 24 communities
- 60 community-based seniors' service providers (mainly non-profit organizations and volunteers)
- All **5** regional health authorities



# LISTENING TO SENIORS

- Seniors helping seniors
  - meals, socializing, transportation, help at home
- Many stories about caregiver burnout, couples separated, needing help at home, travel costs to access medical care, losing drivers licence





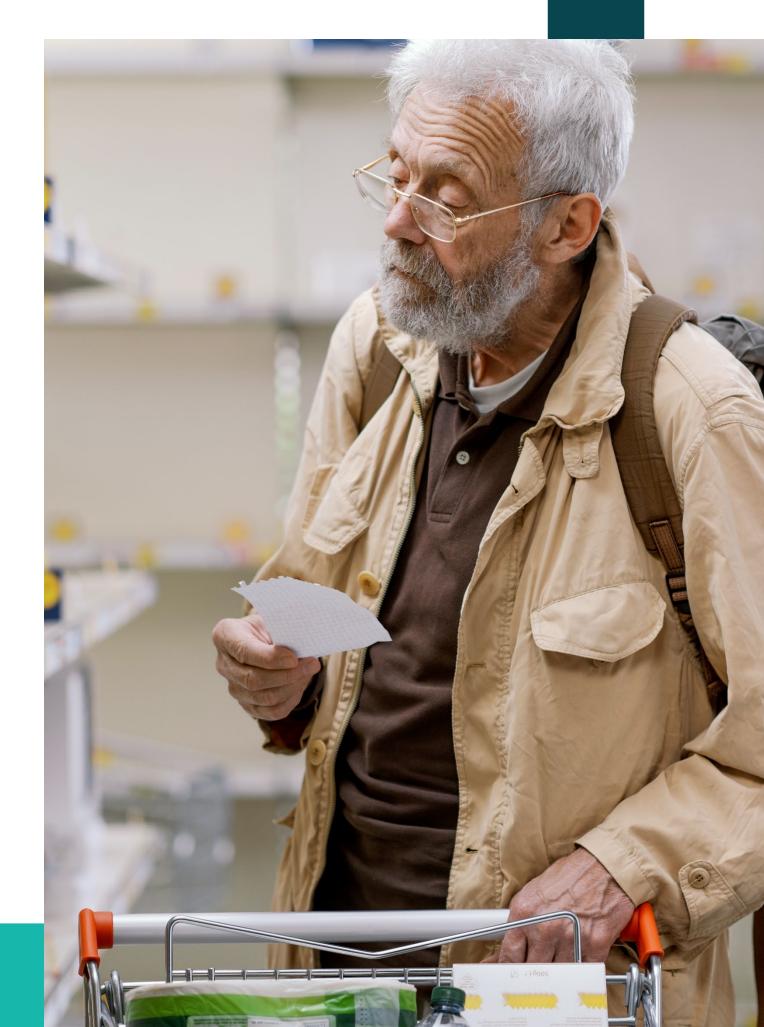




# WHAT WE HEARD

#### #1 - Affordability

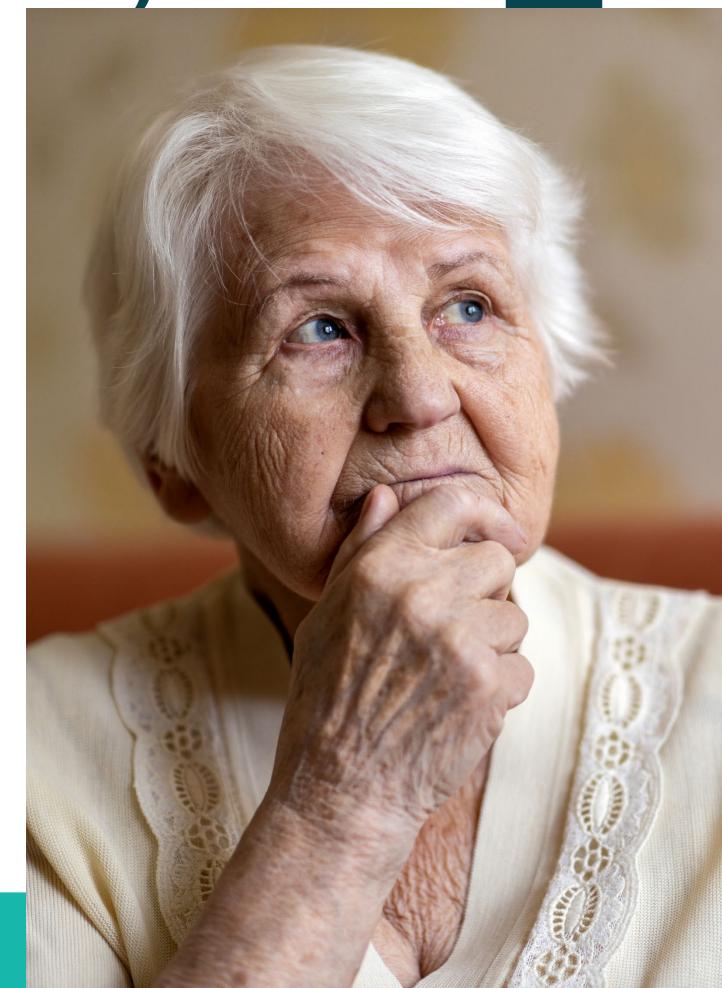
- The BC Seniors Supplement does not help low-income seniors with the cost of living
- The SAFER rent subsidy changes will make little difference for low-income seniors
  - Changes fall short
  - Not keeping pace with rising rents
- 1 in 4 seniors live on incomes **less than \$23,000**



# SHELTER AID FOR ELDERLY RENTERS (SAFER)

#### **SAFER Changes Insufficient**

- **\$1,737** is the average monthly income of SAFER recipient
  - \$1,116 average rent of SAFER recipient
  - \$115 subsidy increase (Aug 2024)
  - o will pay **43%** of income on rent
- If a low-income senior has to move or enter the market, a one-bedroom apartment in Vancouver is just under **\$1,700** (CMHC 2023)
  - o they will pay **76%** on rent with SAFER subsidy
  - o at risk of homelessness
- SAFER simply isn't adequate, not meeting 30% income on rent target



#### **B.C. SENIORS' POPULATION**

Total Population 65+

1,083,695

**TODAY** 

**BY 2036** 



Oldest Baby Boomer

**AGE 78** 

**AGE 90** 

% Seniors 85+

11% OF ALL SENIORS

17% OF ALL SENIORS

# WHAT WE HEARD

#### **#2 - Seniors Population Growth**

- We are not doing enough to meet the needs of seniors today or in the future
- Construction of affordable housing, subsidized long-term care and assisted living not keeping pace with growth
- Waitlists continue to grow
- OSA will be undertaking a review of supply and deman for long-term care
- We need a plan to better coordinate seniors' services



#### WHAT WE HEARD

#### #3 – Ageing in Place

- Home support and help at home (cleaning, cooking, laundry) is expensive, insufficient and not available in many communities or long waitlists
- Not enough long-term care, assisted living or affordable housing for seniors to downsize and remain in the community
- Community resources are often not coordinated or there are gaps/duplication
- No coverage for shingles vaccine



#### **MOVING FORWARD**

- Provide immediate financial relief for low-income senior renters
- 2 Increase the amount of BC Senior's Supplement (BCSS) and index the supplement to inflation
- 3 Eliminate the daily charge for home support
- 4 Implement a publicly funded shingles vaccine program
- Develop and implement a cross-ministry strategy and action plan for seniors



# Contact

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